BIKE SHENANDOAH CONSENT FORM AND RELEASE

(for minors)

Event Description: Bike Shenandoah, a cycling fundraiser

Starting at Eastern Mennonite School

801 Parkwood Drive Harrisonburg, VA 22802

Name of Participant (Please print): Age of Participant:

This Event is being organized by the following charities ("Charities") who will benefit from Event proceeds: Virginia Mennonite Missions, Stephen R. Leaman Memorial Endowment for Missions, Mennonite Central Committee, NewBridges Immigrant Resource Center, Our Community Place and Roberta Webb Childcare Center.

The undersigned Participant and his/her parents agree as follows:

- (a) I/we give our consent for our child to participate in the Event.
- (b) I/we acknowledge that the Event is a rigorous activity and that the Participant will not participate unless he/she is medically able to do so and is properly trained. I/we further acknowledge the risks associated with participation in this Event, including accidental injury or death resulting from fall, contact with other riders or contact with traffic along the route. I/we waive any and all additional notice of the existence of dangerous conditions associated with the Event, and I/we assume responsibility to exercise my/our own judgment in evaluating those risks and conditions. The Participant agrees to wear a properly fitting helmet and to obey the rules of the road while participating in the Event. I/we understand that participation in the Event is at the Participant's own risk.
- (c) I/we hereby waive and release, to the fullest extent permitted by law, any and all claims, actions, or causes of action for any damages or loss for bodily injury, property damage or theft, wrongful death, or loss of services that I/we might have against any of the Charities or any volunteer at or in connection with the Event arising out of my/our child's participation in the Event, and I/we jointly and severally indemnify and hold harmless each of the Charities and volunteers for all costs, expenses, including reasonable attorneys' fees, related to the same. THIS IS A RELEASE given in consideration for the Participant's opportunity to participate in the Event.
- (d) I/we agree that none of the Charities nor any volunteer will be responsible for damage or loss of property belonging to the Participant.
- (e) I/we acknowledge that the Participant has his/her own health insurance coverage and that

none is being provided by any of the Charities. If the Participant is a minor, the undersigned parents agree to be available by phone at the numbers given below in the event of an emergency. In case of emergency, we grant Bike Shenandoah the right to authorize medical treatment on my behalf/on behalf of our child. We understand that Bike Shenandoah will use reasonable efforts to obtain my/our consent to any such care.

REQUIRED SIGNATURES:

To be signed by Participant if 14 years old or older:

Print Participant's Name:

Participant's Signature:

Date

Participant's Contact #:

To be signed by BOTH of Participant's parents if under age 18:

Print Mother's Name:

Mother's Signature:

Date

Mother's Contact #:

Print Father's Name:

Father's Signature:

Date

Father's Contact #: